

Youth exchanges

Name of the programme	Youth exchanges
Programme's objectives	<ul style="list-style-type: none"> • Allow groups of young people (supported by group leaders) from at least two different countries to meet and live together for up to 21 days • Develop competences • Become aware of socially relevant topics/thematic areas • Discover new cultures, habits and life-styles, mainly through peer-learning • Strengthen values like solidarity, democracy, friendship, etc.
Target group	<p>Young people aged between 13 and 30 resident in the countries of the sending and receiving organisations. Group leaders involved in the Youth Exchange must be at least 18-years old.</p> <p><i>Number of participants:</i></p> <p>Minimum 16 and maximum of 60 participants (group leader(s) not included). Minimum 4 participants per group (group leader(s) not included). Each national group must have at least one group leader.</p>
Limit of age	13 - 30
Duration	From 5 to 21 days, excluding travel time.
Where	The activity must take place in the country of one of the participating organisations.
Accreditation (Y/N)	No
Activities covered by the project	<ul style="list-style-type: none"> • workshops • exercises • debates • role-plays • simulations • outdoor activities, etc.
Grant	<ul style="list-style-type: none"> • Travel costs (unit grant) • Organizational support, which costs are directly linked to the implementation of mobility activities – it is a unit cost per day of activity per participant. • Additional costs directly related to participants with disabilities and accompanying persons are covered at 100%. • Exceptional costs (visa and visa-related costs, costs to support the participation of young people with fewer opportunities on equal terms as others, costs connected to lodging of participants during an Advance Planning Visit or expensive travel costs of participants from outermost regions and Overseas Countries and Territories (maximum up to 80% of eligible costs)
Training	<p>Pre-departure: 2 - 3 days, shortly before the departure provided by the sending organisation.</p> <p>Final evaluation/follow-up: in the sending country, up to a week (organised by the sending organisation).</p> <p>Topics: evaluation, perspectives after their mobility, feedback, dissemination of the project.</p>